

# Main Line Health Bariatric Center



## HEALTH INFORMATION PACKET

**Thank you for choosing the Main Line Health Bariatric Center based at Bryn Mawr Hospital.**

In order to maximize your first visit to our office, it would be helpful if you could complete this health information packet ahead of time. You may bring it with you to the appointment, or for your convenience, we have listed our mailing address, fax number and email address if you would like to return it before your appointment. If you require assistance in completing the health packet in its entirety or have questions, please let us know. Our team will be happy to help you.

Thankyou!

phone **484.476.6230**

fax **484.592.0132**

email **bariatrics@mlhs.org**

address **830 Old Lancaster Road | Suite 300 | Bryn Mawr, PA 19010**

# Preoperative Patient Health Data

## DEMOGRAPHICS:

PATIENT NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX:  MALE  FEMALE

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PRIMARY PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

May we leave a message at either of these phone numbers?  Yes  No

MARITAL STATUS:  SINGLE  MARRIED  SEPARATED  DIVORCED  WIDOWED  PARTNERED

EMPLOYED:  YES  NO IF SO, OCCUPATION: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_

How did you hear about us?

Billboard  Brochure  Health Fair  Health Plan  Internet  Jeff Now  Mass Mailing  Newspaper  Ongoing Care

Other  Patient  Phys Offer/ER  Relative  Radio  TV  Word of Mouth

PHARMACY NAME \_\_\_\_\_ PHONE #: \_\_\_\_\_ PREFERRED LAB: \_\_\_\_\_

## PHYSICIAN INFORMATION

REFERRING PHYSICIAN NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

PRIMARY PHYSICIAN NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_ PHYSICIAN NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_ PHYSICIAN NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

## PAST MEDICAL HISTORY

(PLEASE CHECK THE BOX NEXT TO YOUR MEDICAL CONDITION)

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> ANGINA               | <input type="checkbox"/> GESTATIONAL DIABETES | <input type="checkbox"/> PANCREATITIS         | <input type="checkbox"/> URINARY INCONTINENCE     |
| <input type="checkbox"/> BLEEDING PROBLEMS    | <input type="checkbox"/> LOW TESTOSTERONE     | <input type="checkbox"/> ASTHMA               | <input type="checkbox"/> ADHD                     |
| <input type="checkbox"/> BLOOD CLOTS          | <input type="checkbox"/> MALE PATTERN HAIR    | <input type="checkbox"/> COPD                 | <input type="checkbox"/> DEPRESSION               |
| <input type="checkbox"/> CANCER               | <input type="checkbox"/> GROWTH (WOMEN)       | <input type="checkbox"/> LUNG DISEASE         | <input type="checkbox"/> EATING DISORDER          |
| a. TYPE: _____                                | <input type="checkbox"/> METABOLIC SYNDROME   | <input type="checkbox"/> PICKWICKIAN SYNDROME | <input type="checkbox"/> GOUT                     |
| <input type="checkbox"/> HEART ATTACK         | <input type="checkbox"/> PREDIABETES          | <input type="checkbox"/> SNORING              | <input type="checkbox"/> KIDNEY DISEASE           |
| <input type="checkbox"/> HEART VALVE DISORDER | <input type="checkbox"/> THYROID DISEASE      | <input type="checkbox"/> SLEEP APNEA          | <input type="checkbox"/> KIDNEY STONES            |
| <input type="checkbox"/> HIGH BLOOD PRESSURE  | <input type="checkbox"/> CELLIAC DISEASE      | <input type="checkbox"/> DECREASED LIBIDO     | <input type="checkbox"/> LOW BLOOD SALT           |
| <input type="checkbox"/> HIGH CHOLESTEROL     | <input type="checkbox"/> CROHN'S DISEASE      | <input type="checkbox"/> ENDOMETRIOSIS        | <input type="checkbox"/> LOW BLOOD POTASSIUM      |
| <input type="checkbox"/> HIGH TRIGLYCERIDES   | <input type="checkbox"/> DIVERTICULOSIS       | <input type="checkbox"/> INFERTILITY          | <input type="checkbox"/> HEADACHES/MIGRAINE       |
| <input type="checkbox"/> LEG SWELLING/ULCERS  | <input type="checkbox"/> FATTY LIVER DISEASE  | <input type="checkbox"/> IRREGULAR MENSES     | <input type="checkbox"/> SEIZURES                 |
| <input type="checkbox"/> STROKE               | <input type="checkbox"/> GALLSTONES           | <input type="checkbox"/> MENOPAUSAL           | <input type="checkbox"/> PSEUDOTUMOR CEREBRI      |
| <input type="checkbox"/> ARTHRITIS            | <input type="checkbox"/> GASTRIC ULCERS       | <input type="checkbox"/> POLYCYSTIC OVARY     | <input type="checkbox"/> DISCOLORED SKIN PATCHES  |
| <input type="checkbox"/> BACK PAIN            | <input type="checkbox"/> HEARTBURN/GERD       | <input type="checkbox"/> SYNDROME             | <input type="checkbox"/> SKIN RASHES              |
| <input type="checkbox"/> JOINT PAIN           | <input type="checkbox"/> HEPATITIS            | <input type="checkbox"/> RECURRENT UTI        | <input type="checkbox"/> SKIN TAGS                |
| <input type="checkbox"/> PLANTAR FASCIITIS    | <input type="checkbox"/> IRRITABLE BOWEL      | <input type="checkbox"/> RECURRENT YEAST      | <input type="checkbox"/> MAJOR INFECTIOUS DISEASE |
| <input type="checkbox"/> DIABETES             | <input type="checkbox"/> SYNDROME             | <input type="checkbox"/> INFECTION            | <input type="checkbox"/> OTHER                    |

# Preoperative Patient Health Data

## ALLERGIES

PLEASE LIST ALL MEDICATIONS, FOODS, SUBSTANCES YOU ARE ALLERGIC TO AND INDICATE WHAT HAPPENS WHEN YOU ARE EXPOSED TO IT (EXAMPLE: PENICILLIN > RASH)


## PRESCRIPTIONS

ALL PRESCRIPTION MEDICATIONS, OVER-THE-COUNTER MEDICATIONS, VITAMINS/MINERALS (E.G., CALCIUM, ONE-A-DAY), HERBALS (E.G., ST. JOHN'S WORT), TYLENOL, ADVIL, EX-LAX

PRESCRIPTION NAME	DOSE (E.G., "MG")	TIMES PER DAY YOU TAKE	WHY YOU TAKE

## PRIOR SURGERIES, PROCEDURES, AND PREGNANCIES

(PLEASE LIST ALL SURGERIES AND PROCEDURES YOU HAVE HAD)

DATE	SURGERY / PROCEDURES / PREGNANCIES	DATE	SURGERY / PROCEDURES / PREGNANCIES

# Preoperative Patient Health Data

## FAMILY MEDICAL HISTORY

CHECK IF ADOPTED

	AGE	MEDICAL CONDITIONS	IF DECEASED, CAUSE OF DEATH
FATHER			
MOTHER			
SIBLING			
SIBLING			
SIBLING			

## FAMILY WEIGHT HISTORY

MOTHER	FATHER	SIBLINGS
<input type="checkbox"/> NORMAL WEIGHT <input type="checkbox"/> SLIGHTLY OVERWEIGHT (-30 POUNDS) <input type="checkbox"/> MODERATELY OVERWEIGHT <input type="checkbox"/> MARKEDLY OVERWEIGHT (+100 POUNDS)	<input type="checkbox"/> NORMAL WEIGHT <input type="checkbox"/> SLIGHTLY OVERWEIGHT (-30 POUNDS) <input type="checkbox"/> MODERATELY OVERWEIGHT <input type="checkbox"/> MARKEDLY OVERWEIGHT (+100 POUNDS)	<input type="checkbox"/> NORMAL WEIGHT <input type="checkbox"/> SLIGHTLY OVERWEIGHT (-30 POUNDS) <input type="checkbox"/> MODERATELY OVERWEIGHT <input type="checkbox"/> MARKEDLY OVERWEIGHT (+100 POUNDS)
CHILDREN	SPOUSE	
<input type="checkbox"/> NORMAL WEIGHT <input type="checkbox"/> SLIGHTLY OVERWEIGHT (-30 POUNDS) <input type="checkbox"/> MODERATELY OVERWEIGHT <input type="checkbox"/> MARKEDLY OVERWEIGHT (+100 POUNDS)	<input type="checkbox"/> NORMAL WEIGHT <input type="checkbox"/> SLIGHTLY OVERWEIGHT (-30 POUNDS) <input type="checkbox"/> MODERATELY OVERWEIGHT <input type="checkbox"/> MARKEDLY OVERWEIGHT (+100 POUNDS)	

## SOCIAL HISTORY

PLEASE CHECK THE BOX THAT BEST APPLIES TO YOU

TOBACCO USE			
<input type="checkbox"/> CURRENT EVERY DAY SMOKER	<input type="checkbox"/> CURRENT SOME DAY SMOKER	<input type="checkbox"/> FORMER SMOKER	<input type="checkbox"/> NON-SMOKER
HOW MANY PACKS PER DAY?	HOW MANY YEARS HAVE YOU BEEN SMOKING?	QUIT DATE:	
SMOKELESS TOBACCO USE			
<input type="checkbox"/> CURRENT USER	<input type="checkbox"/> FORMER USER	QUIT DATE:	<input type="checkbox"/> NEVER USED
ALCOHOL USE			
HOW MANY SERVINGS OF ALCOHOL DO YOU USUALLY HAVE PER WEEK?		<input type="checkbox"/> 0 <input type="checkbox"/> 1 - 2 <input type="checkbox"/> 3 - 4 <input type="checkbox"/> 5 - 7 <input type="checkbox"/> 8+	
<input type="checkbox"/> BEER	<input type="checkbox"/> LIQUOR	<input type="checkbox"/> WINE	<input type="checkbox"/> STANDARD DRINK OR EQUIVALENT
ILLCIT DRUGS USE			
DO YOU HAVE A HISTORY OF ILLICIT DRUG USE?		<input type="checkbox"/> YES <input type="checkbox"/> NO	
SEXUALLY ACTIVE			
HAVE YOU BEEN SEXUALLY ACTIVE IN THE PAST 12 MONTHS?		<input type="checkbox"/> MEN <input type="checkbox"/> WOMEN <input type="checkbox"/> BOTH	

# Preoperative Patient Health Data

## PERSONAL WEIGHT LOSS HISTORY

CURRENT WEIGHT	LENGTH OF TIME AT CURRENT WEIGHT	
LOWEST WEIGHT	HIGHEST WEIGHT	WEIGHT AT 18 YEARS OLD
HEIGHT	GOAL (DESIRED) WEIGHT	
GREATEST WEIGHT LOSS	HOW	WHEN

WEIGHT LOSS METHODS ATTEMPTED	WEIGHT LOSS	SUPERVISED BY PHYSICIAN	SUSTAINED OVER SIX MONTHS	ATTEMPTED WITHIN THE LAST TWO YEARS
<input type="checkbox"/> NONE				
<b>COMMERCIAL PROGRAMS</b>				
<input type="checkbox"/> WEIGHT WATCHERS		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> JENNY CRAIG		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> OPTIFAST		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> NUTRISYSTEM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> ATKINS		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> TOPS		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> OA		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> SOUTH BEACH DIET		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> RICHARD SIMMONS		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> HERBALIFE		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> PRITIKIN		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>MEDICATIONS</b>				
<input type="checkbox"/> FEN-PHEN		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> MERIDIA		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> XENICAL		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> AMPETAMINES		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> PHENTERMINE		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> ACUTRIM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> TOPAMAX		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> DEXATRIM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> REDUX		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> MEDIFAST		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> LAXATIVES		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>BEHAVIOR MODIFICATION</b>				
<input type="checkbox"/> PSYCHOTHERAPY		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> HYPNOSIS		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> ACUPUNCTURE		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> CONSULT WITH REGISTERED DIETITIAN		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>OTHER</b>				
<input type="checkbox"/> HEALTH CLUB MEMBERSHIP		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Preoperative Patient Health Data

## FOOD INTAKE

DO YOU EAT BREAKFAST EVERY DAY? <input type="checkbox"/> YES <input type="checkbox"/> NO			
HOW MANY MEALS DO YOU EAT PER DAY?			
HOW MANY SNACKS DO YOU EAT PER DAY?			
WHAT FOODS DO YOU EAT ON A TYPICAL DAY?			
HOW MANY SERVINGS OF FLUIDS DO YOU CONSUME PER DAY?			
WATER		COFFEE/TEA	
NON-FAT OR REDUCED FAT MILK		WHOLE MILK	
DIET SODA		REGULAR SODA	
FRUIT JUICE		SPORTS DRINK	
ALCOHOLIC BEVERAGES			
DO YOU HAVE ANY INTOLERANCE? <input type="checkbox"/> YES <input type="checkbox"/> NO			
DO YOU HAVE ANY SPECIAL DIET? <input type="checkbox"/> YES <input type="checkbox"/> NO			
HOW FAST DO YOU NORMALLY EAT? (CIRCLE ONE)                      SLOWLY                      MODERATELY                      QUICKLY			

## PHYSICAL ACTIVITY:

DOES BACK/JOINT PAIN INTERFERE WITH SLEEP? <input type="checkbox"/> YES <input type="checkbox"/> NO
ARE YOU ABLE TO EXERCISE? <input type="checkbox"/> YES <input type="checkbox"/> NO IF YES, HOW OFTEN?
DESCRIBE YOUR LIMITATIONS TO EXERCISE:
DESCRIBE EXERCISE YOU DO AND YOUR TOLERANCE TO IT:

# Preoperative Patient Health Data

PLEASE PLACE ✓ IN THE APPROPRIATE BOX

## REVIEW OF SYMPTOMS

### CARDIOVASCULAR DISEASE

#### HYPERTENSION (HIGH BLOOD PRESSURE)

- 0) NONE  
 1) BORDERLINE HIGH, NO MEDICATIONS  
 2) DIAGNOSIS OF HYPERTENSION, NO MEDS  
 3) USE SINGLE MED  
 4) USE MORE THAN ONE MED  
 5) POORLY CONTROLLED BY MEDS, ORGAN DAMAGE

#### HEART FAILURE (CONGESTIVE HEART FAILURE): SHORTNESS OF BREATH, FATIGUE, EDEMA

- 0) NONE  
 1) CLASS I: SYMPTOMS WITH MORE THAN ORDINARY ACTIVITY  
 2) CLASS II: SYMPTOMS WITH ORDINARY ACTIVITY  
 3) CLASS III: SYMPTOMS WITH MINIMAL ACTIVITY  
 4) CLASS IV: SYMPTOMS AT REST

DO YOU HAVE AN ENLARGED HEART ON ULTRASOUND?  YES  NO

#### ISCHEMIC HEART DISEASE

- 0) NONE  
 1) ABNORMAL EKG (OCCASIONALLY SKIPPED BEATS OR FAST HEART BEAT OR ATRIAL FIBRILLATION)  
 2) HISTORY OF HEART ATTACK OR ANTI-ISCHEMIC MED  
 3) STENT OR CABG  
 4) ACTIVE CHEST PAIN

#### CHEST PAIN

- 0) NONE  
 1) CHEST PAIN WITH EXTREME EXERTION OR EXERCISE (RUNNING, SWIMMING, ETC.)  
 2) CHEST PAIN WITH MODERATE EXERTION OR EXERCISE  
 3) CHEST PAIN WITH MINIMAL EXERTION OR AT REST (WALKING ACROSS ROOM)  
 4) CHEST PAIN AT REST

DO YOU HAVE PACEMAKER?  YES  NO

### METABOLIC DISEASE

#### GLUCOSE DISORDER

- 0) NONE  
 1) ELEVATED FASTING BLOOD SUGAR  
 2) DIABETES CONTROLLED WITH ORAL MEDS  
 3) DIABETES CONTROLLED WITH INSULIN  
 4) DIABETES CONTROLLED WITH ORAL MEDS AND INSULIN  
 5) DIABETES WITH EYE, KIDNEY, NERVOUS OR CIRCULATION PROBLEMS

#### PERIPHERAL VASCULAR DISEASE

- 0) NONE  
 1) NO SYMPTOMS WITH BRUIT  
 2) LEG PAIN WITH WALKING, ON CIRCULATION MED  
 3) MINI-STROKE OR LEG PAIN WITH WALKING, RELIEVED BY REST  
 4) PROCEDURE FOR PERIPHERAL VASCULAR DISEASE (STENT, ANGIOPLASTY)  
 5) STROKE, LOWER EXTREMITY TISSUE LOSS

#### LOWER EXTREMITY EDEMA

- 0) NONE  
 1) INTERMITTENT LOWER EXTREMITY EDEMA, NO TREATMENT  
 2) LEG EDEMA REQUIRING MED, ELEVATION, DIURETICS, STOCKINGS  
 3) STASIS ULCERS  
 4) DISABILITY, INFECTIONS, CANNOT WALK

#### DVT/PE

- 0) NONE  
 1) HISTORY OF DVT RESOLVED WITH ANTI-COAGULATION  
 2) RECURRENT DVT, LONG TERM ANTI-COAGULATION MEDS  
 3) PREVIOUS PE  
 4) RECURRENT PE DECREASED FUNCTION  
 5) VENA CAVAL FILTER

#### DO YOU:

- HAVE SUPERFICIAL PHLEBITIS  
 TAKE BIRTH CONTROL PILLS  
 TAKE BLOOD-THINNING MEDICATIONS (ANTICOAGULANTS)  
 HAVE LUPUS  
 HAVE FACTOR V LEIDEN DISORDER  
 HAVE AN ABNORMALITY IN PROTEIN C OR PROTEINS  
 HAVE YOU HAD MULTIPLE MISCARRIAGES?  YES  NO

#### LIPID DISORDER

- 0) NONE  
 1) PRESENT BUT NO TREATMENT  
 2) CONTROLLED WITH DIET MODIFICATION  
 3) CONTROLLED WITH SINGLE MED  
 4) CONTROLLED WITH MULTIPLE MEDS  
 5) POORLY CONTROLLED

#### GOUT DISORDER

- 0) NONE  
 1) HIGH URIC ACID, NO SYMPTOMS  
 2) HIGH URIC ACID, ON MEDS  
 3) JOINT ABNORMALITY  
 4) DESTRUCTIVE JOINTS

### RESPIRATORY DISEASE

#### OBSTRUCTIVE SLEEP APNEA

- 0) NONE  
 1) SYMPTOMS BUT NEGATIVE SLEEP STUDY OR NOT ALONE  
 2) DIAGNOSED WITH SLEEP STUDY, NO APPLICATION (CPAP, BIPAP)  
 3) OSA REQUIRING APPLIANCE (CPAP, BIPAP)  
 4) OSA WITH HYPOXIA OR O2 DEPENDENT  
 5) OSA WITH PULMONARY HYPERTENSION

CPAP SETTING \_\_\_\_\_ BIPAP SETTING \_\_\_\_\_

#### OBESITY HYPOVENTILATION SYNDROME

- 0) NONE  
 1) LOW OXYGEN OR HIGH CO2 ON ROOM AIR  
 2) SEVERELY LOW OXYGEN OR HIGH CO2  
 3) PULMONARY HYPERTENSION  
 4) RIGHT HEART FAILURE  
 5) RIGHT AND LEFT HEART FAILURE

**PULMONARY HYPERTENSION**

- 0) NONE
- 1) SYMPTOMS (TIREDNESS, SOB, DIZZINESS, FAINTING)
- 2) CONFIRMED DIAGNOSIS
- 3) ON MEDS FOR PULMONARY HYPERTENSION (ANTICOAGULANTS OR CALCIUM CHANNEL BLOCKERS)
- 4) ON STRONGER MEDS OR OXYGEN
- 5) NEEDS OR HAS LUNG TRANSPLANTATION

**ASTHMA**

- 0) NONE
- 1) INTERMITTENT MILD SYMPTOMS, NO MEDS
- 2) SYMPTOMS CONTROLLED WITH ORAL INHALERS
- 3) WELL CONTROLLED WITH DAILY MEDS
- 4) SYMPTOMS NOT WELL CONTROLLED, ON STEROIDS OR ANTI-CHOLINERGICS
- 5) HOSPITALIZED WITHIN THE LAST 2 YEARS, HISTORY OF INTUBATION

**GASTROINTESTINAL DISEASE****ABDOMINAL HERNIA**

- 0) NONE
- 1) HERNIA BUT NO SYMPTOMS
- 2) HERNIA WITH PAIN OR OTHER SYMPTOMS
- 3) SUCCESSFUL REPAIR OF ABDOMINAL HERNIA
- 4) RECURRENT ABDOMINAL HERNIA OR HERNIA LARGER THAN 15 CM
- 5) CHRONIC PROLAPSE THROUGH LARGE HERNIA, OR MULTIPLE OR FAILED HERNIA REPAIRS

**GALLSTONES**

- 0) NONE
- 1) GALLSTONES WITH INTERMITTENT SYMPTOMS
- 2) GALLSTONES WITH SEVERE SYMPTOMS OR HAD SURGERY FOR GALLBLADDER
- 3) GALLSTONES WITH COMPLICATIONS REQUIRING EMERGENCY SURGERY BEFORE BARIATRIC SURGERY
- 4) HISTORY OF GALLBLADDER REMOVAL WITH ONGOING COMPLICATIONS NOT RESOLVED

**HEARTBURN/GERD**

- 0) NONE
- 1) INTERMITTENT SYMPTOMS, NO MEDS
- 2) INTERMITTENT MEDS
- 3) H2 BLOCKERS (ZANTAC, TAGAMET, PEPCID) OR LOW DOSE PPI

- 4) HIGH DOSE PPI (PRILOSEC, NEXIUM, PERVACID PROTONIX TWICE DAILY)
- 5) MEETS CRITERIA FOR SURGERY OR HAND ANTI-REFLUX SURGERY OR PROCEDURE, HISTORY OF BARRETT'S ESOPHAGUS

**HIATAL HERNIA**

- 0) NONE
- 1) SMALL HERNIA
- 2) LARGE HERNIA
- 3) DIFFICULTY SWALLOWING
- 4) SURGICAL REPAIR OF HIATAL HERNIA

**LIVER DISEASE**

- 0) NONE
- 1) MILD LIVER ENLARGEMENT OR FATTY LIVER, NORMAL LIVER BLOOD TESTS (CATEGORY 1)
- 2) MODERATE LIVER ENLARGEMENT OR FATTY LIVER, ABNORMAL LIVER BLOOD TESTS (CATEGORY 2)
- 3) MARKED LIVER ENLARGEMENT OR FATTY LIVER WITH INFLAMMATION OR FIBROSIS (CATEGORY 3)
- 4) DEFINE NASH, CIRRHOSIS, HEPATIC DYSFUNCTION BY LIVER BLOOD TESTS
- 5) HEPATIC FAILURE, TRANSPLANT INDICATED OR DONE

**MUSCULOSKELETAL****BACK PAIN**

- 0) NONE
- 1) INTERMITTENT SYMPTOMS NOT REQUIRING TREATMENT
- 2) SYMPTOMS REQUIRING A NON-NARCOTIC TREATMENT
- 3) SYMPTOMS REQUIRING NARCOTICS, OBJECTIVE FINDINGS ON EXAM OR STUDY
- 4) SUCCESSFUL SURGERY ON BACK ALREADY DONE OR PENDING
- 5) FAILED SURGERY ON BACK WITH CONTINUED EXISTING SYMPTOMS

**FIBROMYALGIA**

- 0) NONE
- 1) TREATED WITH EXERCISE
- 2) TREATED WITH NON-NARCOTICS MEDS
- 3) TREATED WITH NARCOTICS
- 4) SURGERY REQUIRED OR PLANNED
- 5) DISABLING, TREATMENT NOT EFFECTIVE

**JOINT PAIN**

- 0) NONE
- 1) PAIN WITH WALKING OUT OF HOUSE, NO TREATMENT
- 2) PAIN WITH WALKING OUT OF HOUSE, REQUIRING NON-NARCOTICS
- 3) PAIN WITH WALKING AROUND HOUSE
- 4) SURGERY REQUIRED SUCH AS ARTHROSCOPY
- 5) NEED OR HAS HAD JOINT REPLACEMENT

**FUNCTIONAL STATUS**

- 0) ABLE TO WALK 200 FEET UNASSISTED
- 1) ABLE TO WALK 200 FEET WITH ASSISTANCE (CANE, WALKER)
- 2) UNABLE TO WALK 200 FEET
- 3) UNABLE TO WALK MORE THAN 10 FEET WITH ASSISTANCE

**GENERAL****PSUEDOTUMOR CEREBRI (PCT)**

- 0) NONE
- 1) HEADACHE WITH DIZZINESS, NAUSEA, AND/OR PAIN BEHIND EYES
- 2) HEADACHES WITH VISUAL SYMPTOMS, OR ON DIURETICS
- 3) MRI CONFIRMS PCT
- 4) CONTROLLED WITH STRONGER MEDICATIONS
- 5) REQUIRES NARCOTICS OR SURGERY DONE OR NEEDED

**SKIN/PANNUS**

- 0) NONE
- 1) SKIN FOLD IRRITATION
- 2) PANNUS/SKIN FOLDS INTERFERE WITH WALKING
- 3) RECURRENT CELLULITES, ULCERATION
- 4) SURGICAL TREATMENT REQUIRED
- 5) DISABILITY, UNABLE TO WALK