

Matters

Advanced Robotic Surgery

NOW AT RIDDLE HOSPITAL



message

FROM LEADERSHIP

Transformation! Since joining the Main Line Health system more than a decade ago, Riddle Hospital has undergone a dramatic transformation. As you'll read in this issue, we are making significant and innovative investments in infrastructure, programs and services so that we can continue to put *patients and families first*. Philanthropic contributions such as yours have supported numerous worthy projects and programs at the hospital, benefiting scores of patients, including:

- Nursing education and advanced training initiatives, including clinical pathways education for Congestive Heart Failure, COPD, Joint Replacement and Hip Fracture, Post Acute Care and sepsis protocols.
- Vital equipment for Riddle's Emergency Medical Services Team, Intensive Care Unit (ICU) and Neonatal Intensive Care Unit (NICU).
- Opportunities for nurses to attend conferences and seminars to bring new skills and best-practices back to Riddle to share with their teams.

Your thoughtful decision to give back—to *Give Where You Live*—enables Riddle to deliver top notch medical care to the people of Delaware County and eastern Chester County. Your support has enabled our physicians, nurses and team members to work hard for more than 55 years to be a good neighbor and employer while carrying out its mission to provide superior health care.

Last year, Riddle Hospital served 10,461 inpatients, performed 6,976 surgical procedures, and treated 33,562 patients in our Emergency Department. Additionally, our hospital made a positive impact on the health and wellbeing of the broader community by providing 257 preventive health programs, reaching 7,074 neighbors through screenings, seminars and high school anti-impaired driving education.

Riddle Hospital is privileged to be a vital part of this community. Your investment as donors helps us continue to offer superior care, close to home. On behalf of the entire Riddle team, **thank you.** We appreciate the opportunity to serve your health care needs. ■



Gary L. Perecko, FACHE
President
Riddle Hospital
and The Riddle
HealthCare Foundation



Don Saleski, Chairman
The Riddle HealthCare
Foundation

THE RIDDLE HEALTHCARE FOUNDATION

provides a philanthropic venue for members of the community to support the mission and vision of Riddle Hospital.

OUR MISSION

We exist to provide quality healthcare and superior service in order to promote and improve the quality of life in our communities.

OUR VISION

To be the best place to receive care. To be the best place to give care.

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On the Cover: Sumedh Kakade, MD, general and colorectal surgeon

If you prefer not to receive fundraising communications from Riddle Hospital, please go to mainlinehealth.org/optout.



Advanced
**ROBOTIC
SURGERY**

NOW AT RIDDLE HOSPITAL

*I*t seems fitting that Riddle's newest surgical technology was named after Leonardo da Vinci, since it heralds a renaissance of possibilities for the surgeons who operate here. This spring, Riddle introduced the da Vinci X™ Surgical System, a robotic-assisted platform for minimally invasive procedures across a variety of specialties—and the first in the Delaware Valley.

Continued on next page

“I see the da Vinci as a new tool in the surgeon’s kit, to help them get the best results. It’s like a painter getting a new brush that provides different strokes,” said Sumedh Kakade, MD, general and colorectal surgery, Riddle Hospital.

The da Vinci enables a surgeon to perform complex and delicate procedures through very small incisions, with greater precision than what is achievable using conventional laparoscopic tools. Though robotically assisted, the surgeon maintains complete control at all times.

This impacts both patients and physicians in the community, because it’s really a rebirth of minimally invasive surgery at Riddle Hospital,” said Patrick Ross, MD, PhD, Main Line Health System Chair, Department of Surgery.

“With the da Vinci, patients experience less pain in recovery, allowing us to send some home without narcotics, which is important given the opioid crisis in our country,” said Joseph Govern, MD, FACOG, Main Line Health System Chair, Department of Obstetrics and Gynecology.

Dr. Ross, one of the leading robotic thoracic surgeons in the U.S., and Dr. Govern, a minimally invasive and robotic-assisted gynecologic surgeon, were both involved in bringing robotic capabilities to Riddle Hospital.

The da Vinci also offers several advantages over conventional laparoscopic surgery. Surgeons have a magnified, 3D, high definition view inside the



*Patrick Ross, MD, PhD, Main Line Health System Chair
Department of Surgery*

patient’s body for improved visualization. Wristed instruments bend and rotate far more than the human hand, providing unmatched dexterity for performing delicate tasks in small spaces.

“With colorectal surgery, robotic technology adds a level of finesse that allows us to operate in a small space with more precision and elegance,” said Dr. Kakade.

Robotic technology is also beneficial in gynecologic surgeries. “Complex conditions like endometriosis and severe pelvic pain can affect other areas like the bowel or bladder, or extend near major vessels. The da Vinci’s 3D visualization and wristed instruments allow us to see anatomy very well and get into spaces that may require special attention to avoid the risk of injury to other vital organs,” said Dr. Govern.

NEW OPTIONS FOR MORE PATIENTS

“I am excited to offer patients advanced laparoscopic procedures here at Riddle, and feel it brings us to the forefront in medicine. It improves the surgical treatment of endometriosis, allowing for the resection of more lesions, which decreases pain and increases the quality of life for my patients,” said Kathrine Lupo, MD, a Riddle gynecologist who has performed robotic procedures at other MLH hospitals.

Patients at Riddle who were not candidates for traditional laparoscopic surgery may now have the minimally invasive option of robotic surgery, including those with complex disease or patients who are morbidly obese.



*Joseph Govern, MD, FACOG, Main Line Health System Chair
Department of Obstetrics and Gynecology*

CLOSE TO HOME

“Everyone at Riddle, including administrators, physicians and operating room staff, is very excited to be able to offer such advanced surgery to improve the care of our patients,” said William Ayers, MD, general surgeon, Riddle Hospital.

By offering robotic technology, Riddle will attract more skilled physicians to our campus and further enhance our surgical program. More importantly, surgeons from Riddle who previously performed robotic procedures at other campuses can now offer them here in our community.

“For patients who specifically asked about undergoing robotic surgery, but were hesitant to have their operation away from Riddle, we can now offer the latest technologically-advanced surgical techniques and medical care close to home,” said Arjun Khosla, MD, urologist, Riddle Hospital. ■

“*The movement of the robotic instruments allows better and more precise access to various areas in the human body, and facilitates dissection of tissues and suturing.*”

William H. Ayers, Jr., MD

BENEFITS TO PATIENTS

Like other minimally invasive techniques, robotic surgery offers advantages over traditional, open surgery.

Procedures are performed through very small incisions, resulting in:

- less blood loss
- less pain
- reduced risk of infection
- less scarring
- shorter hospital stays
- faster recovery and return to activities
- fewer readmissions

ROBOTIC SURGERY AT RIDDLE



William H. Ayers, Jr., MD
General Surgery

Sumedh D. Kakade, MD
General and Colorectal Surgery

Joseph Gobern, MD
Gynecology

Kathrine E. Lupo, MD
Gynecology

Patrick Ross, MD
Thoracic Surgery

Arjun Khosla, MD
Urology

Craig A. Landow, MD
Urology

Lynn Paik, DO
Urology

Steven M. Salva, MD
Urology



Neurology at Riddle: A Thoughtful Approach

A 49-year-old male was brought by his sister to Dr. Adam Weinstein, a neurologist at The Center for Neuroscience, because her brother's memory and behavior had become alarmingly strange.

Dr. Weinstein looked for possible causes of cognitive impairment. The patient's MRI was analyzed by neuroradiologists Dr. Neerav Mehta and Dr. Garen Boghosian, who determined that the patient had intracranial hypotension, or "sagging brain syndrome."

The patient's brain, instead of floating in cerebral spinal fluid, was lying on the floor of his skull—a condition caused by a leak in the dura, the sac surrounding the brain and spinal cord. For the patient to recover, the leak had to first be found and repaired—a challenge that ultimately involved multiple medical centers around the country, and began at Riddle.

It was Dr. Weinstein's methodical approach that pulled the first thread to start unraveling this medical mystery.

It is safe to assume that most of Dr. Weinstein's patients will not have their cases written about in *The New York Times Magazine*.

Dr. Weinstein diagnoses and treats patients with a range of symptoms—from headache, confusion and behavioral changes, to numbness, pain and weakness in the body—for a variety of disorders of the brain and nervous system.

The case that was profiled last fall was notable for its rarity; however, the steps Dr. Weinstein took to diagnose his patient, ultimately leading to a successful treatment, were par for the course for this dedicated physician.

"In addition to conducting a thorough exam and medical history, it is important for neurologists to listen carefully to patients and take their stories seriously," said Dr. Weinstein.

"Our team takes a thoughtful approach when facing a complicated problem. We offer neurologic testing such as EEG (electroencephalography) to record brain waves, EMG (electromyography) to check neuromuscular function, and memory testing. We collaborate with radiologists to obtain CT and MRI scans of the brain and spine, and we consult with physical therapists to assess balance, swallowing, and other functions that may be affected by neurologic disorders," he said.

Dr. Weinstein sees patients in Riddle Hospital's Emergency Department and inpatient units, and at the outpatient Center for Neuroscience at Health Center 2, along with two other neurologists, two neuropsychologists and two critical psychologists.

Riddle Hospital also has a strong stroke program, and as part of Main Line Health, has rapid access to the Neurovascular Center at Bryn Mawr Hospital, should a patient need more advanced care.

"Our physicians have the training and experience to diagnose and treat most neurologic disorders right here at Riddle. We also take a highly personalized approach, so our patients can trust that if the best option for a rare or complex case can be found elsewhere, we will facilitate a referral to ensure timely, appropriate care," said Dr. Weinstein. ■

The full story appeared in The New York Times Magazine on November 2, 2017, with the headline: "Why Was Their Brother's Memory and Behavior So Strange?" The story can be found at <https://www.nytimes.com/2017/11/02/magazine/why-was-their-brothers-memory-and-behavior-so-strange.html>

THROUGH 60 YEARS



ENDURING COMMITMENT, LOYALTY AND IMPACT

*Associated Auxiliaries of Riddle Hospital
Celebrate Diamond Anniversary*

The tradition of celebrating a sixtieth anniversary came into popularity after Queen Victoria celebrated her 60-year reign with a *Diamond Jubilee* in 1897. The word “diamond” comes from the Greek word *adamas*, which means “enduring.” How fitting then, that The Associated Auxiliaries of Riddle Hospital, an organization that has had such an enduring and indelible impact on the entire Riddle community, is celebrating their **60th Anniversary** in 2018.

Gary Perecko, Riddle Hospital President, states: “It is our distinct privilege to honor the past and present members of The Associated Auxiliaries—all volunteers—for their selfless dedication, unparalleled devotion and continuing commitment to Riddle Hospital. Generations of dedicated Auxilians have given of their time and talents—since their formation in 1958—to raise funds for the Hospital. The hours and effort they have contributed to the hospital cannot be calculated. However, the impact is monumental and measurable: every building, every unit, every clinical area has benefited from their extraordinary fundraising efforts.”

“When a need was identified,” Gary adds, “The Associated Auxiliaries always accepted the challenge and mobilized to meet it.” The Auxilians have made hundreds of purchases benefiting the hospital, including significant pieces of equipment for Operating, Labor and Delivery, Radiology, Lab and EMS. They also played a crucial role in each of the Hospital’s building campaigns, contributing \$1 Million for both The Outpatient Pavilion (Health Center 3) and the Expansion of the Hospital’s Fourth Floor. Most recently, The Associated Auxiliaries provided an astounding \$2 Million in support of Riddle’s expanded Emergency Department, which serves more than 30,000 patients annually.

We laud The Associated Auxiliaries for the activities of days gone by such as The Riddle Country Fairs, Garden Tours, Fashion Shows and Rock-A-Thons. We commend them for the fundraising events and opportunities they sustain today, including The Tree of Lights, The Merry Token Gift Shop, The Riddle Thrift Shop and, especially The Man O’War Event. First produced in 1959, this annual event continues to generate great conviviality, as well as significant dollars.

The remarkable accomplishments made by The Associated Auxiliaries have played, and continue to play, a pivotal role in making Riddle Hospital the best place to give and receive care. With more than \$13 Million raised to date and counting, Riddle Hospital is grateful beyond measure for their enduring commitment, loyalty and impact. ■



THE HONOREES receive their awards: (L-R) Becky Sassi, Riddle Foundation Executive Director; Gary Perecko, Riddle Hospital President; Honorees Ken Kirby, Dr. Doris Tirado, and Eustace and Susanne Mita; Main Line Health CEO and President Jack Lynch; Riddle Foundation Chair Donald P. Saleski; event co-chair and Riddle Foundation board member Natalie Ramsey

MAGGIE HENRY CORCORAN

Honoring Riddle's Finest

Close to 500 guests mingled, danced and cheered for their horses at the 2018 *Man O'War—An Evening at the Races* event on Saturday, April 21st. The popular annual event draws extraordinary support for Riddle Hospital, filling the Springfield Country Club with attendees dressed in festive Kentucky Derby-style, wearing fanciful hats and enjoying mint juleps. The event was chaired by Riddle Board Member Natalie Ramsey, Esq. and Richard Scheff, Esq.

Riddle President Gary Perecko said, "Please know that your presence in this very full room tonight, and our impressive roster of generous sponsors, is a true testament to Riddle's positive, caring work environment and the genuine partnership between caregivers, board members, employees, the Associated Auxiliaries, and the community-at-large."

Main Line Health CEO and President Jack Lynch added his congratulations and thanks, announcing that "This year's 2018 Man O'War event raised more than \$200,000, all benefiting our tiniest patients and their families in The Birthplace at Riddle. On behalf of everyone at Riddle Hospital, The Riddle HealthCare Foundation, and Main Line Health, we are exceptionally grateful for your incredible commitment to helping us continue to provide the very best care in our communities." ■



1 Susan and David Hackett and Theresa Murtagh **2** Main Line Health President and CEO Jack Lynch and Mary Ann Saleski **3** Riddle Hospital President Gary Perecko, Maripege Bruder, Honoree Susanne Mita, Jackie Ryan and Honoree Eustace Mita **4** Drs. Sean and Charmaine Wright with Dr. Jon Stallkamp **5** Christine and Dr. Joseph Sincavage **6** Gary and Mary Jo Grove



7 Honoree *Dr. Doris Tirado and Dr. Daria Yanez* **8** *Donald Mahoney, Kelly Beaudin Conlan, Lisa Detwiler and James Conlan* **9** *Amy and Chris Smith* **10** *Rich and Tara Wood* **11** *Gina Lee and Dr. Hassan Vakil* **12** *Far right, Monica and Dr. John Feehery and friends*



2018 HONOREES

EUSTACE & SUSANNE MITA

Eustace and Sue Mita were honored for their generous support of Riddle Hospital and inspirational philanthropic spirit throughout the region. Eustace is Chairman and CEO of Icona Resorts in Avalon, Diamond Beach and Cape May, and Sue's design vision brings forth Icona's elegant décor. Devoted parents of five and grandparents of 14, Eustace and Sue are passionate about their Catholic faith, and, as dedicated members of St. Mary Magdalen Parish, join Msgr. Chieffo and fellow parishioners in sponsoring 52 children at the SMM Oasis of Peace orphanage in Kisumu, Kenya. Eustace serves on the Board of The Papal Foundation, the Archdiocese of Philadelphia's Man Up Philly and was Chairman of Development for the 2015 World Meeting of Families, which brought Pope Francis to Philadelphia.

DORIS E. TIRADO MD, FACOG

Dr. Doris E. Tirado of Riddle OB/GYN Associates was honored for her devoted care of women and babies at Riddle Hospital for more than 20 years. During her tenure as department chair between 2008 and 2012, Riddle became the first community hospital in the country to adopt cutting edge training techniques and implement obstetric-specific rapid response teams (Condition O), now a standard practice across Main Line Health. Dr. Tirado served as Chairman of the Riddle Hospital Peer Review Committee from 2012 to 2017, ensuring ongoing assessment of physician practice with the goal of improving quality of care throughout the MLH system. Her collaborative style and innovative initiatives have created a commitment to excellence and the highest standards in maternity care at The Birthplace at Riddle Hospital.

KENNETH E. KIRBY

Ken Kirby was honored for leading the transformation of fundraising and philanthropy across the Main Line Health System since 2004 as Senior Vice President of Development. His expertise and strategic approach with his five-hospital development team, foundation boards, physicians and administrators, resulted in a system-wide culture of philanthropy and more than \$286 million in charitable contributions to MLH during his 13 years of service. Ken's affable leadership style and genuine presence helped pave the way for groundbreaking accomplishments including successful completion of Riddle's Emergency Department campaign and integration of The Riddle HealthCare Foundation's fundraising program with MLH. Ken retired from his position in July 2017.

FOCUS ON philanthropy



Benefit to Babies

Riddle nurses MaryJo Corrigan, BSN, RNC-OB, and Diane Kern, MSN, RNC-NIC, happily display our second BiliBed, now in use at Riddle's Birthplace, funded by a grant from The Scholler Foundation. The BiliBed® Phototherapy System exposes an infant's skin to ultraviolet light so that jaundice, a common condition in newborns, can be effectively treated, and babies can go home as quickly as possible.

Since the model of care in The Birthplace is designed to promote bonding, BiliBeds support this standard by allowing caregivers to keep the baby in the mother's room while providing the therapy. The Scholler Foundation has provided ongoing significant funding to Main Line Health system hospitals since 1980.

Wawa Supports The Birthplace

The Wawa Foundation awarded Riddle Hospital with a \$100,000 grant for The Birthplace. "From the day Riddle opened its doors more than 55 years ago—the same year Wawa opened its first store—Wawa has provided incredible guidance, leadership and philanthropic support," said Gary Perecko, Riddle President. "With this newest gift, we will be upgrading our maternity suites to create a more beautiful space for our tiniest patients and their families." The grant check was presented by Wawa Chairman Richard Wood, Jr. and Wawa Director of Government Relations & Sustainability Rich Wood, III at a ribbon cutting ceremony on February 7, 2018 for the grand reopening of Wawa's Media store at 600 E. Baltimore Pike. Also in attendance were Borough of Media Mayor Bob McMahon and Wawa Foundation President Jared Culotta.



IMPROVING COMMUNITY HEALTH



The Health Promotion Council of Southeastern Pennsylvania (HPC) has again provided funding for Riddle Hospital to be its Regional Primary Contractor for the Pennsylvania Department of Health's Tobacco Control Project. Riddle Hospital President Gary Perecko stated, "As a vital part of our mission, Riddle Hospital is pleased to provide free tobacco dependence treatment programs that improve the health and well-being of our community members in Berks, Bucks, Chester, Delaware, Montgomery, Lancaster and Schuylkill counties. We accomplish this through inpatient, physician referrals, community outreach and media promotion, thereby reducing the risk for tobacco related disease and mortality. We look forward to continuing our partnership with the Pennsylvania Department of Health, which ultimately benefits all residents in Southeastern Pennsylvania."

Call 484-227-FREE to register for any MLH smokefree program.

Healing treatments for mind and body

A HOLISTIC APPROACH TO HEALTH AND RECOVERY

At Riddle Hospital, our goal is to make every patient as relaxed and comfortable as possible while receiving medical care. Aside from the physical aspects of illness, injury or surgery, some patients may experience stress related to pain and recovery, while others may have feelings of anxiety or depression.

Patricia Vassell, DNP, MBA, RN, CNOR, Director of Nursing Surgical Services and The Birthplace at Riddle, explains, “Health care is changing, and we pay attention. More patients than ever are promoting health from within and are using some form of integrative therapy already, whether it’s meditation, massage, deep breathing, yoga and more. We are pleased to offer our patients, free of charge—holistic treatments that are proven to aide in recovery and reduce symptoms such as pain, anxiety, fatigue and depression.”

Integrative therapies currently offered at Riddle Hospital include:

- **Reiki**—Healing energy work that helps reduce pain, anxiety and improves overall sense of well-being. It is a relaxation and stress reduction technique that is a complement to traditional medicine to provide the best possible healing and recovery for our patients.
- **Aromatherapy**—The use of essential oils can be a soothing complement to medical care. Our trained nurses incorporate lavender (calming, muscle relaxation, sleep) and peppermint (revitalizing, decreases nausea) essential oils into their daily routines.
- **Pet Visitation**—Service dogs Finn, led by owner and Riddle employee Cathy Robbins and Lucy, led by owner and volunteer Pat Riviello, help decrease stress and lift spirits with their calming companionship and therapeutic presence while visiting patients who meet the required criteria for this therapy.

Vassell adds: “Nurses, doctors, patients and families can request these services to aid in the healing process of patients. As part of our ‘well ahead’ approach to health care, to date we have trained more than 80 nurses in providing aromatherapy and 12 nurses in Reiki with the sole goal of enriching our patients’ experience and recovery process.” ■



RIDDLE'S INTEGRATIVE THERAPY TEAM:

Front Row (L-R): Joanne Mandell, program educator Donna Meehan, Fatima Omari*, program co-chair Christine Scott*, program director Patricia Vassell, program coordinator/chairperson Kimberly Marion*, Diane Beatty

Back Row: Marsha Fortunato*, program manager Marguerite Fritsch, Christina Wilson, Jameca Ortiga*, Cathy Esslinger, Karima Chen*

Additional team members not pictured: Stacie Florio, Ashley Tallon Cautillo, Julia Cranny, Elizabeth Defelice, Teresa Lennon, Maria Elizabeth Lis*, Amanda Lynn Lancellotti, Joanne Mandell, Diana Murphy, Mary Smith*, Erica Spielman*, Toby Stolberg, Claudine Tocci*, Debra Wheeler*, Dawn Wilson, Diana Zorichak

*Reiki-trained nurse

FOCUS ON REIKI



“Across the board, patients have a depreciable decrease in pain, an improvement of mood, and increased relaxation and calmness.”

Reiki (/ˈreɪki/) is an ancient Japanese technique developed for stress reduction and relaxation that also promotes healing from within. Riddle’s Reiki program evolved from successful pilot studies at both Riddle and Bryn Mawr Hospitals. Riddle’s study was designed to assess the effectiveness of reiki in managing pain for orthopaedic patients who had undergone hip, knee or spine surgeries. A team of trained nurses measured pain on the 0-10 pain scale with postsurgical patients, showing “statistically significant reductions in pain” when reiki was used. On average, pain levels decreased by 3.01 points and overall anxiety decreased by 4.07 points. Demand for the service has increased tremendously.

With 12 registered nurses now certified in Reiki at Riddle, the team treats more than 80 patients every month with priority given to surgical patients. Each 30-minute session is provided by a trained registered nurse. “Our biggest referrers are the doctors and nurses,” Vassell explains. “There’s a really accepting culture around reiki at all of the Main Line Health hospitals.”

Riddle’s Integrative Therapies program is supported by donor-focused contributions, and Main Line Health. Thank you! To learn more about services for yourself or a loved one at Riddle, please call 484-227-2900 or talk to one of our nurses.

NEW FACES IN THE RIDDLE HEALTHCARE FOUNDATION

The Riddle HealthCare Foundation welcomes new Board Members Kelly Beaudin Conlan, of Newtown Square and Robert V. Donato, III, of Glen Mills, as well as new Associate Director of Development Gina M. Lee, of Wynnewood. In their roles, they assist with the foundation’s fundraising efforts for Riddle Hospital and help fulfill the foundation’s mission to improve the quality of life in the communities we serve.

Kelly Beaudin Conlan, Esq. is a managing director with Alvarez & Marsal in New York and founded the firm’s Unsecured Creditors’ Committee practice. She brings extensive experience as a financial adviser in the fiduciary realm of trustee, examiner, receiver and administrator.



Previously, Kelly was the U.S. Trustee for Region 3, appointed by the U.S. Attorney General in January 2005. Prior to her appointment, she was in private practice from 1997–2005 and began her legal career in 1995 as an assistant district attorney in the Philadelphia District Attorney’s Office. Ms. Conlan earned a bachelor’s degree from the University of California, Los Angeles, and a juris doctor degree from Georgetown University Law Center.

Robert V. Donato, III, CWCP, CRIS founded The Safeguard Group, Inc., one of the area’s largest Insurance Brokerage and Risk Management Consulting firms, headquartered in Media. In his current role as Chairman, he develops strategies for ensuring long-term viability of the company as well as maintains relationships with clients and peer organizations. Bob earned his BA from the University of Delaware, is a licensed property and casualty agent, and obtained his CWCP accreditation from Michigan State University. Bob has served on the boards of the Easter Seal Society of Philadelphia, Montgomery, Chester and Delaware Counties, the Rocky Run YMCA, and the Board of the Alumni Association of the University of Delaware.



Gina M. Lee joined The Riddle HealthCare Foundation staff in October 2017 as associate director of development. Gina comes to Riddle from Lankenau Medical Center where she was also associate director. Her fundraising background includes: campaign director at the Philadelphia Museum of Art, corporate and foundation relations director at Thomas Jefferson University and Hospital, and providing consulting services for Philadelphia-area non-profit organizations. Gina also has extensive patient relations experience, having established and managed a medical and cosmetic surgery practice and physician training institute on the Main Line. She is a graduate of UCLA with a bachelor’s degree.



SAVE THE DATES

2018 Riddle Pro-Am Golf Classic
Thursday, September 13, 2018
DuPont Country Club
Benefiting Riddle’s Emergency Medical Services

**Run for Riddle 5K/
Family Fun Run**
Saturday, October 13, 2018
Ridley Creek State Park
Benefiting the NICU at Riddle

MAINLINEHEALTH.ORG/GIVE-RIDDLE

In Memoriam: John D. Unangst



The Riddle HealthCare Foundation sadly notes the passing of John D. Unangst on January 21, 2018. John Unangst was a beloved colleague and friend to Riddle Hospital—a leader whose extraordinary achievements in business were matched by his generosity of spirit.

Mr. Unangst was President and Chief Executive Officer of Franklin Mint Federal Credit Union (FMFCU) and Chairman of State Financial Network, Inc. Under his leadership, FMFCU grew from a single branch with less than \$1 Million in assets to a full-service financial institution with over \$1 Billion in assets.

Joining The Riddle HealthCare Foundation Board of Directors in 2007 and also serving on the Board of Directors for Riddle Hospital, John supported Riddle with generous gifts, donating both personally and through FMFCU. He was active on many committees, serving as Chair of the Development Committee, Chair of the Nominating Committee, and Co-Chair of

the recent Capital Campaign Committee for Riddle's Emergency Department, which exceeded its goal and raised more than \$7.9 Million.

Mr. John Unangst is survived by his wife, Gail Reese Unangst, and their (combined) five children and four grandchildren. John is missed and remembered with great fondness and respect by the entire Riddle Hospital community. ■

An Epic transition, a pivotal transformation

At 6:45 am on Saturday, March 3, 2018, after two years of planning and preparation, Main Line Health transitioned from our previous electronic health records systems to the Epic system, making possible a pivotal transformation that will enhance every area of our health care system.

Epic is a key part of our PIVOT initiative (Promoting Innovation by Valuing Organizational Transformation), enabling us to build a new technological infrastructure that will seamlessly integrate inpatient and ambulatory care with clinical and financial systems, and fully support value-based care and population health.

With the full support of the Main Line Health Board of Governors, the transition to Epic followed—and met—a timetable established in 2016. The launch did much more than simply move hundreds of thousands of our patient records—it integrated multiple clinical and administrative computer systems to support high quality care:

- Our physicians and practitioners have real-time access to a single computer system that holds all patient records across all of our locations and specialties, speeding access to treatment and improving patient care. Clinicians also gain secure communication, mobile charting, and clinical practice guidelines that will improve efficiency and increase safety and quality.
- Patients can now access their own records and securely communicate with their health care team—two factors proven to lead to improved patient outcomes. Through the online My Main Line Health Chart, patients can—from any device—schedule primary care appointments, request prescription refills, view lab and test results, coordinate family care, pay bills, and much more.

- Patients also have a single, integrated record throughout Main Line Health and will receive one consolidated bill covering services received at all our entities and Main Line HealthCare physicians.

Driven by a goal of providing a safe, timely, efficient, effective, equitable and patient-centered experience for everyone, everywhere, every time, teams of clinicians and specialists from key administrative areas worked over the past two years to improve clinical and financial workflows so that, no matter what office or campus a patient visits, the experience is the same, whether scheduling an appointment, undergoing a procedure, or being discharged home.

In the months preceding the Epic launch, nearly 9,000 clinical and administrative staff were trained in the new system to make the transition as smooth as possible. With such a massive undertaking, some changeover challenges were anticipated. To resolve issues and minimize impact on patients and providers, hundreds of At The Elbow (ATE) staff clad in green shirts were positioned round-the-clock throughout the health system, as well as at satellite launch centers.

As the opportunities available through Epic are realized throughout Main Line Health, more PIVOTAL transformations will be implemented, enhancing our commitment to patient safety, continuity of care, and real-time reporting and analytics. **Complete information on the New Era in Health Care at Main Line Health, including My Main Line Health Chart, is available at mainlinehealth.org/newera.**



My Main Line
Health Chart



There are a variety of ways to support Riddle Hospital.

Your gift can provide you with the satisfaction of supporting our mission and securing certain tax advantages.

- 1 DIRECT GIFTS** are the simplest way to make your tax-deductible gift. Send a check payable to **The Riddle HealthCare Foundation** in the enclosed envelope. Or make your secure credit card gift online at: mainlinehealth.org/give-riddle. Just click on **Make a Gift Online!**
- 2 GIFTS OF SECURITIES AND OTHER PROPERTIES** include gifts of appreciated stock, mutual fund shares or other securities and can be a cost-effective way of supporting Riddle. Gifts of real estate, insurance policies or personal property are also welcome.
- 3 PLANNED GIFTS** offer the flexibility of providing for Riddle's future while addressing your personal and financial needs. From a simple bequest in your will to a charitable gift annuity that provides valuable life-income, planned gifts also provide current and future tax benefits.
- 4 MATCHING GIFTS** can increase the value of your gift by taking advantage of your employer's matching gift program, if one is offered. Check with your human resources department, and enclose the matching gift form with your contribution.
- 5 MEMORIALS AND TRIBUTES** remember a loved one or honor a friend, family member, physician or caregiver and are a wonderful way to express your personal appreciation and support Riddle Hospital at the same time.

Thank you.



**The Riddle HealthCare
Foundation**
Main Line Health®

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484.227.3651

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Creative Giving



JOIN THE MAN O'WAR SOCIETY

The Man O'War Society, named for Sam Riddle's celebrated racehorse, has been created to provide thanks and recognition to individuals who have made some provision to ensure that Riddle Hospital and The Riddle HealthCare Foundation will continue for generations. To be a member of the Society, an individual will have planned a bequest, created a gift annuity, or in some way planned a gift to Riddle that will carry on their legacy. Individuals with such foresight and generosity enjoy the benefits of recognition during their lifetime.

GIFT EXAMPLES

Bequest

For any donors, gifts made through their wills are the best way to make a substantial contribution to the Hospital. Donors can leave specific dollar amounts or a percentage of their estate.

Charitable Gift Annuity

In return for a gift of at least \$10,000 the Foundation will pay the donor and/or a loved one a fixed annual amount for the remainder of their lives. Donors receive partial federal income tax charitable deductions for these gifts.

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A donor may choose to name Riddle as a beneficiary of a qualified retirement plan, such as a 401(k), 403(b), IRA or a life insurance policy that may no longer be needed.

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* Emeritus
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